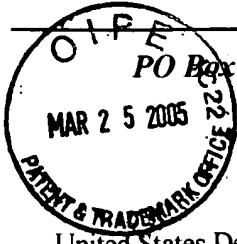


# CHRISTIAN ANDRE, MBA



PO Box 910492 · San Diego, CA 92191 · (619) 865-8697 · [candre@bioentrepreneur.biz](mailto:candre@bioentrepreneur.biz)

March 21, 2005

United States Department of Commerce  
United States Patent and Trademark Office  
Address: Commissioner for Patents  
PO Box 1450  
Alexandria, Virginia 22313-1450

*I certify that this  
was sent on 3/21/05  
(mailed) [Signature] 3/21/05*

Dear USPTO:

Detailed Action:

1. Drawings are in process and shall be submitted within 30 days of this response. An extension is required due to the number of required drawings.
2. Updated – See attached claims
3. Chen's device, Patent # 6,244,989 is limited to a swinging motion and is stated as being a "leg swing exerciser" and does not allow the user to move their feet in a 360 degree pedaling movement. The patent claims 1-5 have been updated to reflect the 360 motion. In addition, Chen's device does not touch the floor. Claims 1-5 have been updated to reflect this by defining the device as a "floor, leg exercise device".
4. Nelson's device, Patent # 5,807,212, relates to a four legged office chair. The "floor, leg exercise device" is for use with an office chair that has a center post, and legs that extend outward from the center post. In addition, the "floor, leg exercise device" has a slot (410) for allowing one of the chair legs to extend into the "floor, leg exercise device" to allow room for users legs during exercising. Claims 1-11 have been updated to reflect this.
5. Dranselka's device, Patent # 4,262,902, does not refer to the use of an office chair that has a center post with legs extending outward from the center post. Claims 1-11 have been updated to reflect an office chair that has a center post, and legs that extend outward from the center post. In addition, the mention of slip resistant tread has been removed since it would be obvious to a person of ordinary skill in the art to add such a tread to a device. Two (2) claims have been removed on slip-resistant tread. Therefore, these claims 6 and 11 have been changed to describe a slot (410) where one of the chair's legs extending from the center post can be placed to lock the chair into the floor, leg exercise device.
6. Claims for difficulty control have been changed to computerized difficulty control mechanisms.
7. See changes per detailed action #5 in this letter.
8. General claims for chairs and office chairs have been made; however, the design of this device is unique in that it is specifically designed for use with an office chair with a center post and legs extending from the center post. This specific office chair is integral in the design of this device, where other patents mentioned have not taken this into consideration with their designs.

Included with this response is the \$510 late filing response fee.

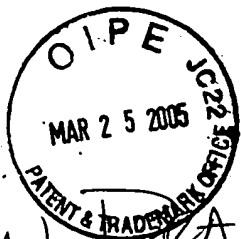
Sincerely,

Christian Andre  
Application #: 10/698,295

RECEIVED

MAR 30 2005

TECHNOLOGY CENTER R3700



New Drawings are in Process!  
CRA  
3/21/05

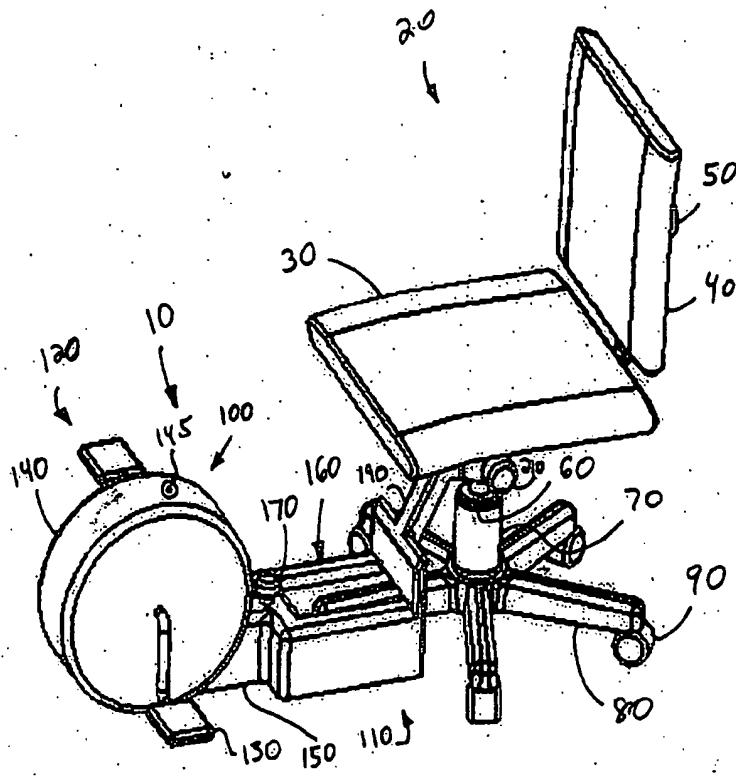


FIG. 1

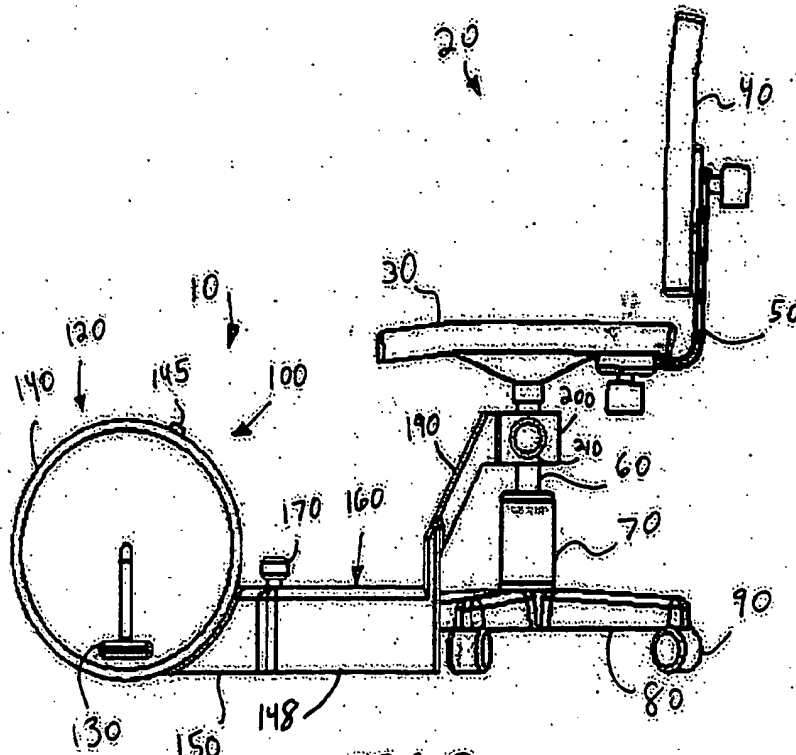


FIG. 2

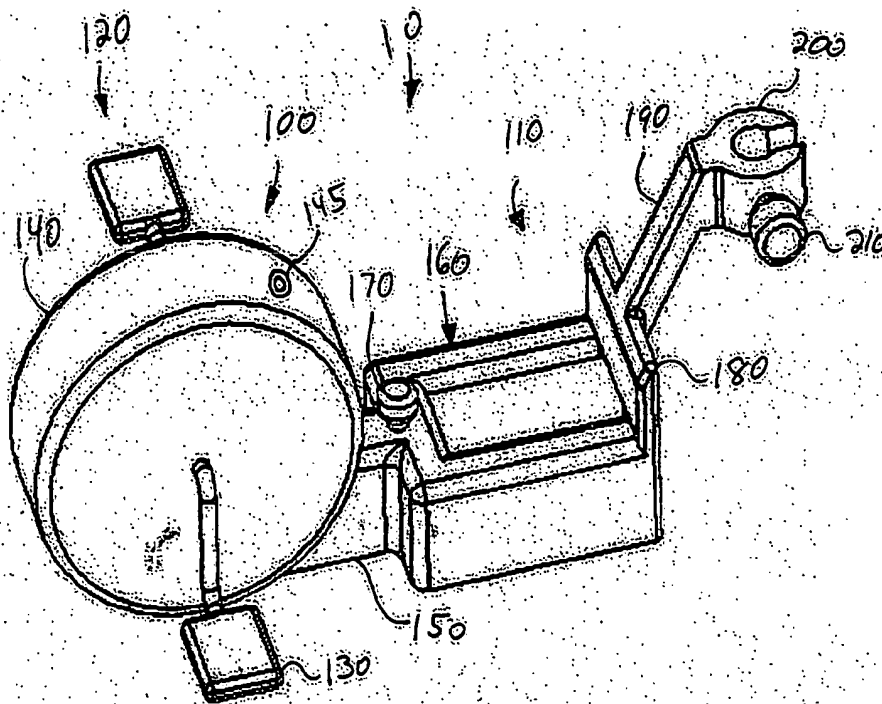


FIG. 3

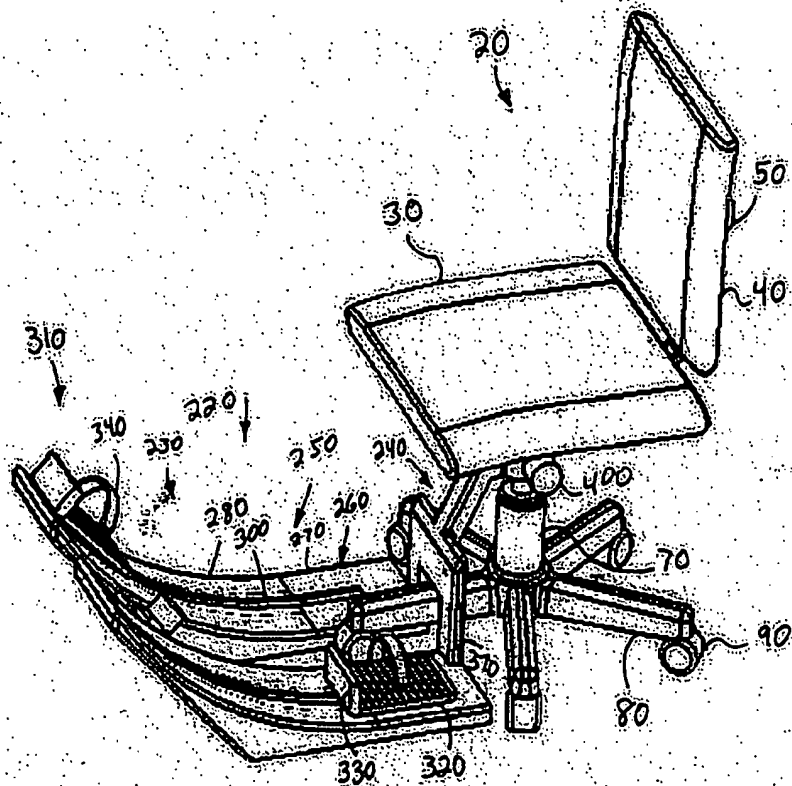


FIG. 4

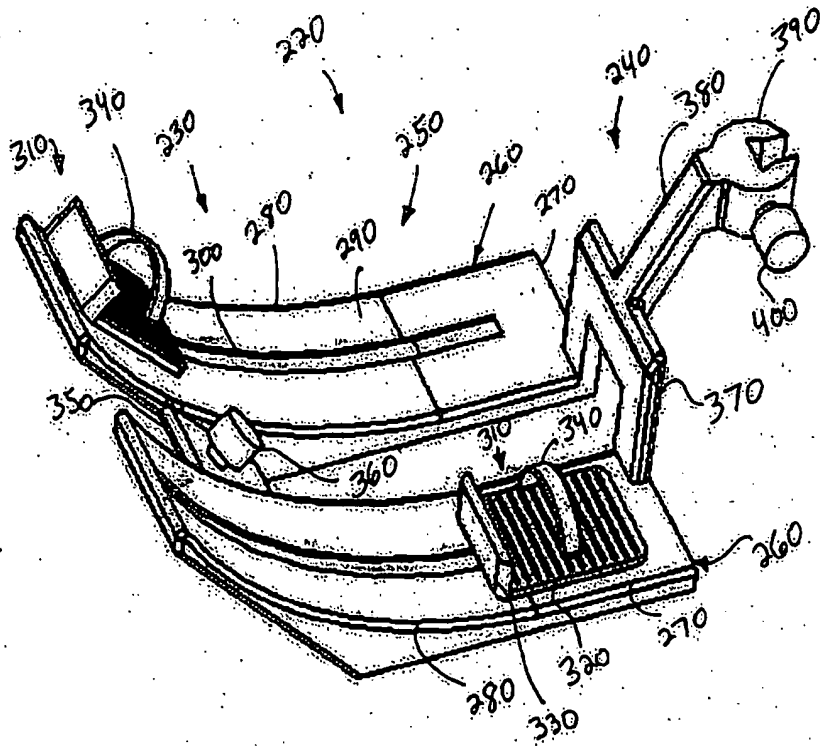
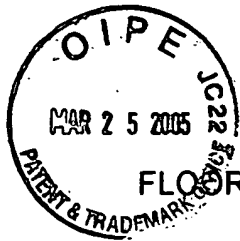


FIG. 5



FLOOR, LEG EXERCISE DEVICE FOR USE WITH AN OFFICE CHAIR WITH A  
CENTER POST AND LEGS EXTENDING FROM THE CENTER POST

FIELD OF THE INVENTION

[01] The present invention relates, in general, to exercise devices for use with an  
5 office chair with a center post and legs extending from the center post, and, in  
particular, to floor, leg exercise devices for use with an office chair with a center post  
and legs extending from the center post.

BACKGROUND OF THE INVENTION

10 [02] Working in an office environment often requires workers to be seated for  
extended periods of time. It is well accepted that periodic exercise is desirable for good  
physical and mental health. However, performing exercise during a work day while  
seated is usually not practical or desirable. The inventor of the present invention has  
recognized that a worker is more likely to exercise while seated, improving the worker's  
15 mental alertness and long-term health, if the worker is presented with an exercise  
device that uses a type of motion that the worker is familiar with and not too difficult.

SUMMARY OF THE INVENTION

[03] Accordingly, an aspect of the invention involves a floor, leg exercise device for  
20 use with an office chair including a back, a seat, a seat support, a center post, and legs  
extending from the center post. The floor, leg exercise device includes a leg exercise  
mechanism for use by a user while seated on an office chair with a center post and legs  
extending from the center post to exercise the user's legs, and a rigid connection  
mechanism extending from the leg exercise mechanism for detachably and rigidly

connecting the leg exercise mechanism to a seat support of an office chair with a center post and legs extending from the center post.

[04] Further objects and advantages will be apparent to those skilled in the art after a review of the drawings and the detailed description of the preferred embodiments set forth below.

### BRIEF DESCRIPTION OF THE DRAWINGS

[05] FIG. 1 is a perspective view of an embodiment of a floor, leg exercise device connected to an exemplary office chair with a center post and legs extending from the center post.

[06] FIG. 2 is a right side-elevational view of the floor, leg exercise device illustrated in FIG. 1 connected to the exemplary office chair with a center post and legs extending from the center post.

[07] FIG. 3 is a perspective view of the floor, leg exercise device illustrated in FIG. 1.

[08] FIG. 4 is a perspective view of another embodiment of a floor, leg exercise device connected to an exemplary office chair with a center post and legs extending from the center post.

[09] FIG. 5 is a perspective view of the floor, leg exercise device illustrated in FIG. 4.

### DETAILED DESCRIPTION OF PREFERRED EMBODIMENTS

[10] With reference to FIGS. 1-3, an embodiment of a floor, leg exercise device 10 for use with an office chair with a center post and legs extending from the center post 20 is shown. Although the floor, leg exercise device 10 will be described in conjunction with an office chair with a center post and legs extending from the center post 20, the floor,



leg exercise device 10 may be used in conjunction with other types of chairs or seating devices that have a center post and legs extending outward from the center post. An office chair with a center post and legs extending from the center post 20 includes a seat 30, a back 40, a seat and back frame 50, a seat support 60, a seat support base 70, laterally extending arms 80, and casters 90. Although an office chair with a center post and legs extending from the center post 20 is shown as including a single vertical seat support, in alternative embodiments a seat support 60 may include one or more vertical, horizontal, angled, and/or curved seat supports.

[11] The floor, leg exercise device 10 includes a leg exercise mechanism 100 and a rigid connection mechanism 110. In the embodiment shown, the leg exercise mechanism 100 is a pedaling mechanism 120 similar to that used with an exercise bike. The pedaling mechanism 120 includes opposite rotating pedals 130 that extend laterally from a drive housing 140. The pedaling mechanism 120 may include a computerized difficulty control mechanism such as a tension control knob 145 for controlling the difficulty level of the pedaling mechanism 120. The drive housing 140 houses any well-known pedal drive known in the art. The pedal drive may allow both forward and reverse resistive pedaling. An underside of the pedaling mechanism 120 may include a slip-resistant rubber tread 148 to help hold the floor, leg exercise device 10 on the floor. The floor, leg exercise device 10 may include wheels and a handle grip to help transport the floor, leg exercise device 10.

[12] The rigid connection mechanism 110 is preferably made of a rigid metal or plastic material that provides a secure, rigid connection between the leg exercise mechanism 100 and the chair 20. The rigid connection mechanism 110 includes a first lateral arm

150 movably connected to a generally rectangular brace 160 for adjusting the lateral distance of the pedaling mechanism 120 from an office chair with a center post and legs extending from the center post 20. A locking pin 170 may be used to lock the pedaling mechanism 120 in a desired position relative to the connection mechanism 110. A  
5 flange 180 extends vertically from the brace 160. An angled second arm 190 extends from the flange 180 and terminates in a penannular collar 200. The collar 200 includes a tightening pin 210 threadingly engaged to the collar 200 to lock the collar 200 to a seat support 60.

[13] In use, the floor, leg exercise device 10 is secured to an office chair with a center  
10 post and legs extending from the center post 20 by positioning the floor, leg exercise device 10 so that the pedaling mechanism 120 is located in front of the user when sitting and the rigid connection mechanism 110 is under the seat 30. An arm 80 may extend between opposite walls of the generally rectangular brace 160 for added stability. The collar 200 is secured to a seat support 60 by inserting a seat support 60  
15 through the open portion of the penannular collar 200, and screwing the tightening pin 210 to tighten the tightening pin 210 against a seat support 60. The horizontal position of the pedaling mechanism 120 in front of the user may be adjusted to a desired position to accommodate the length of the user's legs by removing or pulling up on the locking pin 170 and sliding the pedaling mechanism 120 and first lateral arm 150  
20 relative to the generally rectangular brace 160 until the pedaling mechanism 120 is at the desired location. The user may then use the floor, leg exercise device 10 by sitting in the chair 20 and pedaling the pedaling mechanism 120. To remove the floor, leg

exercise device 10 from the chair 20, the tightening pin 210 is unscrewed, and the collar 200 is removed from a seat support 60.

[14] With reference to FIGS. 4 and 5, another embodiment of a floor, leg exercise device 220 for use with an office chair with a center post and legs extending from the center post 20 is shown. The floor, leg exercise device 220 includes a leg exercise mechanism 230 and a rigid connection mechanism 240. In the embodiment shown, the leg exercise mechanism 230 is a sliding track mechanism 250. The sliding track mechanism 250 includes opposite upwardly curved tracks 260. Each track includes a substantially flat first track member 270 and an upwardly curved second track member 280. An upper surface 290 of the track members 270, 280 include an elongated groove 300. Foot members 310 are slidably connected to the tracks 260 at the grooves 300. Each foot member 310 includes a foot platform 320, a toe stop 330 vertically extending from a distal end of the foot platform 320 and a foot strap 340 connected to the foot platform 320 at opposite sides of the foot platform 320. The tracks 260 are distally connected with connection member 350. The connection member 350 may carry a computerized difficulty control mechanism such as a tension control knob 360 for adjusting the tension or friction between the foot members 310 and the tracks 260 for controlling the difficulty of the floor, leg exercise device 220. An underside of the sliding track mechanism 250 may include a rubber tread to help hold the floor, leg exercise device 220 on the floor. The floor, leg exercise device 220 may include wheels and a handle grip to help transport the floor, leg exercise device 220.

[15] The rigid connection mechanism 240 is preferably made of a rigid metal or plastic material that provides a secure, rigid connection between the leg exercise mechanism

230 and the chair 20. The rigid connection mechanism 240 includes a flange 370 that extends vertically from a proximal end of the tracks 260 and connects the proximal ends of the tracks 260. An angled arm 380 extends from the flange 370 and terminates in a penannular collar 390. The collar 390 includes a tightening pin 400 threadingly engaged to the collar 390 to lock the collar 390 to a seat support 60.

[16] In an alternative embodiment of the rigid connection mechanism 240, the rigid connection mechanism 240 may include a arm similar to the first lateral arm 150 connected to the proximal ends of the tracks 260, and the first lateral arm 150 may be slidably attached to the rest of the rigid connection mechanism 240 for adjusting the length of the tracks 260 to accommodate users having different length legs.

[17] The floor, leg exercise device 220 is attached and detached from an office chair with a center post and legs extending from the center post 20 in a manner similar to that described above for the floor, leg exercise device 10 of FIGS. 1-3. The feet of the user are slipped through the foot straps 340 of the foot members 310 so that the toes of the user abut the toe stop 330 and the user's feet are flat on the foot platforms 320. The user then causes the foot members 310 to slide or glide back and forth.

[18] It will be readily apparent to those skilled in the art that still further changes and modifications in the actual concepts described herein can readily be made without departing from the spirit and scope of the invention as defined by the following claims.

What is claimed is:

1. A floor, leg exercise device for use with an office chair with a center post and legs extending from the center post including a back, a seat, a seat support, center post, and legs extending from the center post, comprising:

5 a) a leg exercise mechanism for use by a user while seated on an office chair with a center post and legs extending from the center post to exercise the user's legs in a 360 degree motion; and

b) a rigid connection mechanism extending from the 360 degree leg exercise mechanism for detachably and rigidly connecting the leg exercise  
10 mechanism to a seat support of an office chair with a center post and legs extending from the center post.

2. The floor, leg exercise device of claim 1, wherein the leg exercise mechanism includes a 360 degree pedaling mechanism that allows the user to pedal with the user's legs while seated on an office chair with a center post and legs extending from the center  
15 post.

3. The floor, leg exercise device of claim 2, wherein the 360 degree pedaling mechanism includes a computerized difficulty control mechanism to manually control the difficulty of the 360 degree pedaling.

4. The floor, leg exercise device of claim 2, wherein the 360 degree pedaling mechanism  
20 is slidably connected to the rigid connection mechanism for adjusting the position of the 360 degree pedaling mechanism relative to the user.

5. The floor, leg exercise device of claim 2, wherein a seat support is a vertical support and the rigid connection mechanism includes a collar to connect the rigid connection

mechanism to an office chair with a center post and legs extending from the center post.

6. The floor, leg exercise device of claim 1, wherein the floor, leg exercise device includes walls of a generally rectangular brace for added stability for an office chair leg that extends from the center post.

7. The floor, leg exercise device of claim 1, wherein the leg exercise mechanism includes a sliding track mechanism having tracks and foot members slidably attached to the tracks for allowing the user to glide the user's feet along the tracks while seated on an office chair with a center post and legs extending from the center post.

8. The floor, leg exercise device of claim 7, wherein the sliding track mechanism includes a computerized difficulty control mechanism to manually control the difficulty of gliding.

9. The floor, leg exercise device of claim 7, wherein the sliding track mechanism is slidably connected to the rigid connection mechanism for adjusting the position of the sliding track mechanism relative to the user.

10. The floor, leg exercise device of claim 7, wherein a seat support is a vertical support and the rigid connection mechanism includes a collar to connect the rigid connection mechanism to an office chair with a center post and legs extending from the center post.

11. The floor, leg exercise device of claim 7, wherein the floor, leg exercise device includes walls of a generally rectangular brace for added stability for an office chair leg that extends from the center post.

**ABSTRACT OF THE DISCLOSURE**

A floor, leg exercise device for use with an office chair including a back, a seat, a seat support, a center post, and legs extending from the center post. The floor, leg exercise device includes a leg exercise mechanism for use by a user while seated on an office chair with a center post and legs extending from the center post to exercise the user's legs, and a rigid connection mechanism extending from the leg exercise mechanism for detachably and rigidly connecting the leg exercise mechanism to a seat support of an office chair with a center post and legs extending from the center post.